Paekakariki 25 July 2015

'A' Division

10km race

Name	Club	Time	lap 1		lap 2		lap 3		lap 4		lap 5		lap 6		lap 7		lap 8		Avg
			Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	min/km
Peter Baillie	Scottish	**56:36**	07:08	07:08	14:12	07:04	21:13	07:01	28:10	06:57	35:10	07:00	42:18	07:08	49:30	07:12	0:56:36	07:06	0:05:40
Terri Grimmett	Scottish	**1:02:41**	07:47	07:47	15:31	07:44	23:12	07:41	31:02	07:50	38:51	07:49	46:40	07:49	54:43	08:03	1:02:41	07:58	0:06:16
Bob Gardner	Scottish	**1:03:24**	08:08	08:08	15:59	07:51	23:47	07:48	31:36	07:49	39:30	07:54	47:32	08:02	55:36	08:04	1:03:24	07:48	0:06:20
Philip Grimmett	Scottish	**1:04:38**	08:12	08:12	16:15	08:03	24:23	08:08	32:23	08:00	40:20	07:57	48:19	07:59	56:26	08:07	1:04:38	08:12	0:06:28
John Leonard	Scottish	**1:06:03**	08:08	08:08	16:14	08:06	24:22	08:08	32:32	08:10	40:53	08:21	49:13	08:20	57:38	08:25	1:06:03	08:25	0:06:36
Barbara Morrison	Scottish	**1:08:45**	08:33	08:33	17:10	08:37	25:49	08:39	34:34	08:45	43:09	08:35	51:47	08:38	1:00:21	08:34	1:08:45	08:24	0:06:52
Daphne Jones	Scottish	**1:16:46**	08:52	08:52	18:14	09:22	27:49	09:35	37:32	09:43	47:24	09:52	57:14	09:50	1:07:07	09:53	1:16:46	09:39	0:07:41

5km race

Jackie Wilson	Trentham	**32:36**	08:11	08:11	16:19	08:08	24:32	08:13	32:36	08:04									06:31

'B' Division 10km & 5km

Dougal Cable	Kapiti	**1:09:31**	08:37	08:37	17:10	08:33	25:49	08:39	34:34	08:45	43:10	08:36	51:50	08:40	1:00:38	08:48	1:09:31	08:53	0:06:57
John Hines	Scottish	**1:17:17**	09:17	09:17	18:44	09:27	28:22	09:38	38:07	09:45	48:02	09:55	57:57	09:55	1:07:43	09:46	1:17:17	09:34	0:07:44
Andrea Adams	Olympic	**40:00**	09:55	09:55	20:01	10:06	30:02	10:01	40:00	09:58									08:00
Leeane Palmer	Scottish	**40:00**	09:55	09:55	20:01	10:06	30:02	10:01	40:00	09:58									08:00
Robyn Iremonger	Scottish	**46:24**	11:25	11:25	22:48	11:23	34:26	11:38	46:24	11:58									09:17